

## MODE OF PAYEMENT

Online through [www.jignasa.in](http://www.jignasa.in) website and  
Tarunya Shikshana Seva Trust  
Thane Janata Sahakari Bank Ltd  
Account Number: 115110100000079  
IFSC: TJSB0000115

## CONTACT DETAILS

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For updates about Conference stay tuned to

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## NAMMA BENGALURU

Bengaluru, The hub for the Indian hi-tech manufacturing sector, Bengaluru existed for hundreds of years before its modern incarnation was founded in 1537 by the construction of a fort and temple on the site of the present day conurbation.

The capital of Karnataka State and known as the 'Garden City' for its plethora of parks, this city offers a laid-back ambience that has made it a popular destination for those interested in the history of Bengaluru.

### Places of attraction

Bengaluru Palace | National Gallery of Modern Art | Lalbagh Botanical Garden  
Cubbon Park | Vidhana Soudha | Sankey Tank | Iskcon Temple | Nandi Hills  
Bannerghatta National Park | Visvesvaraya Museum | Skandagiri Hills

For Communication:

**Office Secretary, JIGNASA 2020,  
TARUNYA SHIKSHANA SEVA TRUST - YUVA PATHA**

No. 4, 31st cross road, 11th Main road, 4th Block, Jayanagar, Bengaluru 560011  
+91 8790024733, +91 81518 47984



## National Arogya Fair

08 to 12 December 2021 | National College Ground, Bengaluru, Bharata

## INTERNATIONAL CONFERENCE 2021

"Public Health and Primary Health Care through AYUSH Systems"

09 to 11 December 2021

**Focal Theme: "Reinforcing Primary Health Care and Universal Health Coverage through AYUSH Education and Practice"**

त्यागः प्रज्ञापराधानामिन्द्रियोपशमः स्मृतिः ।  
देशकालात्मविज्ञानं सद्गुत्तस्यानुवर्तनम् ॥

Organized by: JIGNASA  
Tarunya Shikshana Seva Trust, Bengaluru



Namaste,

JIGNASA is a pan India platform of AYUSH fraternity led by the student community of Bharata. It's motto is, "Learn AYUSH to practice AYUSH". Since its inception in 1998, JIGNASA with its innovative programmes on education reforms and academic initiatives particularly that of Ayurveda, it has become every Ayurveda students' inspiration to realize the dream of resurrecting Ayurveda once again as a mainstream health care system in the country enabling continuous Public Health care delivery. Realizing the potential of Ayurveda and other Traditional Systems of Medicine as the savior of mankind's and environmental health in the background of ever increasing non-communicable diseases / Lifestyle diseases and climate change issues globally, we are creating JIGNASA Platforms in every AYUSH Institutions in the country and abroad. JIGNASA is now determined to make these AYUSH systems as mainstream in Public health and Primary health care to fulfill the Universal health coverage (UHC) goal set by the World Health organization. JIGNASA is our humble effort to enlighten and encourage the students of AYUSH to look into our great heritage of Bharatheeya Sastras and make younger generations of Ayurveda competent to face today's health challenges and offer suitable solutions, as Acharya Charaka explained in Charaka Samhita;

शास्त्रं ज्योतिः प्रकाशार्थं दर्शनं बुद्धिः आत्मनः। ताभ्यां भिषक्सु युक्ताभ्यां चिकित्सानन अपराध्यति ॥

Jignasa 2021 is hosted by Tarunya Shikshana Seva Trust (TSST), a Karnataka based Non-Governmental Organization with the support of Akhil Bharatiya Vidyarthi Parishad, the largest student organisation in the world working in education as well as social sector since its inception in 1949.

JIGNASA 2021 will be a grand event with participation of more than 4000 delegates across the world, mainly AYUSH students, stakeholders of AYUSH industry, medicinal plant boards, academicians, institutions, teachers, policy makers, researchers, traditional practitioners, doctors, and AYUSH well-wishers.

We make a fervent appeal to contribute your valuable time and energy to make this mammoth National Arogya Fair and International Conference a grand success which will herald new dimensions and AYUSH presence in the field of Public health and Primary health care at the grassroots and globally.

**Come, quench the nectar of wisdom and get enlightened!**

**Dr. ALLAMA PRABHU**

Chairman  
JIGNASA 2021

**Shri. VINEETH MOHAN**

Organising Secretary  
JIGNASA 2021

## CONFERENCE TOPICS

09 to 11 December 2021

1.स्वास्थ्य	- Health and Wellness through AYUSH systems
2.जीवनशैली	- Non-Communicable diseases through AYUSH systems
3.मानस	- Mental health through AYUSH
4.समग्रआरोग्य	- Concept of Health, Environment and AYUSH
5.अन्वेषण	- Advanced Research and development in AYUSH

The unique Panel discussion with the theme:

**AYUSH Education – Problems, Perspectives and the Way forward**

## Sub Themes of the Conference

- AYUSH and Public health policy
- Wellness and AYUSH (Svasthya, Achararasayana, Sadvritta, etc.)
- Contribution of Bharatheeya Vaidya sastras to other health traditions of the world
- Conventional AYUSH education – perspectives, problems and remedies
- Application of Information and Communications Technology in AYUSH systems
- Importance of Samskrutam in learning Ayurveda and Yoga
- Restructuring policies and programmes for AYUSH systems - Perspective

## NATIONAL AROGYA FAIR

08 to 12 December 2021

### HIGHLIGHTS

- Home Pavilion - AYUSH systems
- AYUSH Clinics
- Gurukulam/ Teaching Models
- Traditional and Tribal healers
- Exhibition of health and healing techniques and practices from different parts of the world
- Medicinal and aromatic plant gardens
- Health food stalls
- AYUSH products and services

### AYUSH PROGRAMMES AND MEETS

- International AYUSH Educational Meet
- Students Meet
- Environmentalist Meet
- Industry & Institutional Meet
- Documentary films/ Live theatre
- Yoga and Kalari (Kerala martial art) demonstration
- Cultural events
- Media meet
- Politicians meet
- Bureaucrats meet
- Live Art Gallery

## MAIN SPEAKERS

- Padma Shri Dr. H.R. Nagendra
- Padma Shri Prof. (Dr.) P. Pushpangadan
- Padma Shri Vd. Rajesh Kotecha
- Padma Shri Dr. B.N. Gangadhar
- Dr. Sachin Chaturvedi
- Dr. P. M. Varier
- Dr. Sulochana Bhat
- Dr. L. Mahadevan
- Dr. Anil Khurana
- Dr. B.T. Rudresh
- Dr. Bhushan Patwardhan
- Dr. T. S. Krishna kumar
- Dr. P. M. Unnikrishnan
- Dr. Ramkumar Kutty
- Dr. Ram Manohar

## COMPETITIONS

- Research Paper & Poster Presentation
- Essay Competition
- Photography Competition
- Short Film Competition

CATEGORY	DELEGATE FEE
Delegate	₹ 1500/-
UG student / Intern	₹ 1000/-
PG Scholar / C-RAV Student	₹ 1500/-
Ph.D / Research Scholar	₹ 2000/-
Vaidya / Lecturer	₹ 2000/-
Foreign delegate	\$ 100

Last date of registration: 28 November 2021

Spot registration: Rs. 2500/-

For Registration Contact: Dr. Sachin Singh Basera +91 81518 47984

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Mr. Nithish Reddy +91 83320 25769

Accommodation: Considering the limitations in arrangements due to Covid 19 all delegates are requested to arrange their Accommodation by themselves. Assistance will be provided by Team Jignasa to find out good accommodation on voluntary basis.

For Registration  
& further details: Log on to  
**www.jignasa.in**  
/ Download the Official App  
from Google Playstore  
or iOS Appstore - **Jignasa**.

