

### **Rules and Regulations**

- The maximum duration of the short film should not exceed 15 minutes
- Multiple entries are allowed
- Only short film of students/ doctors of AYUSH systems can get enrolled in competition
- The entries can be fictional or non-fictional short film
- Short film based on a theme of AYUSH systems will only be considered
- Short film in language other than English/ Hindi should carry subtitles in English
- The director, script writer, cinematographer, editor and actors playing the key roles should produce identity proof of concerned college or hospital
- The soft copy of the short film should be submitted to the committee in separate CD or Google Drive Link before 28 November 2021
- Details of the short film Name, Time Duration, Institution name and Photocopies of the College ID cards of the key role persons should be mailed to vidyarthijignasa@gmail.com
- No restrictions regarding the software used for editing and dubbing
- Short film made in mobile camera can also get enrolled in competition

NOTE: A minimum one person from the team should get registered to Jignasa International Conference 2021.



## **SHORT FILM** COMPETITION

1<sup>ST</sup> PRIZE ₹10000 ₹5000

**₹2500** 

For communication

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For more details Log on to www.jignasa.in

Official 'Jignasa' App





Organised by



Office address

Office Secretary, JIGNASA 2021, Tarunya Shikshana Seva Trust Yuvapatha, No. 4, 31st Cross, 11th Main Road, 4th T Block, Jayanagar, Bengaluru - 560 011 Mob: +91 8790024733, +91 8151847984 | Email: jignasaayush@gmail.com







# INTERNATIONAL CONFERENCE & NATIONAL AROGYA FAIR 2021

8 - 12 December 2021, National College Ground, Bengaluru, Karnataka

### **Rules and Regulations**

- Each entrant must submit 4 prints (unmounted) (colour or black & white).
   Prints should be in the size of 12\*18 inches
- Each entry should bear the name and address of the entrant, title and serial number as entered in the entry form
- There is no entry fee, but enclose a sufficiently stamped envelope with address for the return of entry by registered post
- The soft copy of the photos with the details and a Photocopy of College ID card should be mailed to *vidyarthijignasa@gmail.com*

JURY: Eminent persons including Nature and Wildlife photography

 All possible care for entries will be exercised, but no liability will be accepted for the loss or damage to entries. Prize winning prints shall be used by organizers for awareness purposes with due credit to the photographers. Jury decision will be final. Submission of entries automatically implies acceptance of conditions mentioned above

NOTE: All participants should get registered to Jignasa International Conference 2020

### **Dates to Remember**

- Closing date 28 November 2021
- Exhibition 8 12 December 2021



### PHOTOGRAPHY COMPETITION

1<sup>ST</sup> PRIZE **₹10000** 

2<sup>ND</sup> PRIZE **₹7500** 

3<sup>RD</sup> PRIZE **₹5000** 

#### Theme:

- 1. Biodiversity and AYUSH systems
- 2. Public Health Awareness through AYUSH systems

Photographs depicting either the spectacular Biodiversity of Bharata or its importance in AYUSH systems or Public Health Awareness through AYUSH systems with a focus on tradition and cultural values will be prefered.

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Co Author/Guide

- IMRD Pattern (Introduction, Methods, Result, Conclusion)
- Corresponding author name, designation, college name, email Id, mobile number should be mentioned clearly
- Word Limit 250 words Font - Times New Roman Font Size – 12 Spacing – 1.5
- Soft copy should be mailed to vidyarthijignasa@gmail.com
- Hard copy signed by authors along with the abstract acceptance letter should be brought on or before the presentation day

### Note

- All the submitted abstracts will be pre - reviewed by Jignasa Scientific committee.
- The corresponding author will be notified of abstract acceptance through email.
- The selected abstract will be published in Souvenir/ Abstract Book

LAST DATE FOR SUBMISSION 28 November 2021



## RESEARCH PAPERS/ POSTERS

**Paper Presentation** 

1<sup>ST</sup> PRIZE

₹15000

2<sup>ND</sup> PRIZE

**₹7500** 

3RD PRIZE ₹5000

**Poster Presentation** 

1<sup>ST</sup> PRIZE

₹10000

2<sup>ND</sup> PRIZE

₹5000

3RD PRIZE

**₹2500** 

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## INTERNATIONAL CONFERENCE & NATIONAL AROGYA FAIR 2021



The much awaited JIGNASA 2021 – an academic retreat and grand show of AYUSH Medical systems will be unveiled at the National College Ground in Bengaluru, Karnataka with all its grandeur. Heeding to the need of the hour and the knowledge aspirations of huge AYUSH student community across Bharata and the world, the National Arogya Fair 2021 and International Conference on *Public Health and Primary Health care through AYUSH systems* organized by Tarunya Shikshana Seva Trust, will be held at National College Ground, Bengaluru, Karnataka from 8 - 12 December, 2021.

### **Themes**

- Primary Health Care and AYUSH (Ayurveda/ Yoga & Naturopathy/ Siddha/ Unani/ Sowa Rigpa/ Homeopathy) - Potentials and strategies for Universal Health Coverage
- Public Health Management through AYUSH systems
- Road map of National policies for AYUSH with emphasis on Primary Health care and Public Health
- Management of NCDs through AYUSH systems
- AYUSH for Wellness and Health promotion
- Geriatrics and AYUSH systems
- The way forward in Pharmacology, Pharmacognosy and Pharmaceutical Research in Ayurveda/Yoga & Naturopathy/ Siddha/ Unani/ Sowa Rigpa/ Homeopathy
- Management of viral and vector borne diseases through AYUSH
- Effective Research Designs for AYUSH systems
- Beyond evidence based in AYUSH systems
- Mental Health and AYUSH systems
- Information & Communication Technology (ICT) and AYUSH systems
- Indegenious health traditions and AYUSH systems
- Evidence for Daivavyapasraya Chikitsa
- Pregnancy care Prenatal to Postnatal, Menstrual health Menarche to Menopause in Ayurveda/ Yoga & Naturopathy/ Siddha/ Unani/ Sowa Rigpa/ Homeopathy
- Strategies for preparation of modules for development of household medicinal herbal garden/ village garden/ urban garden
- Conservation, cultivation and sustainable utilization of medicinal plants
- Agricultural Research (including medicinal plant, animal husbandry, horticulture, agronomy, soil science, etc.)- Vision for AYUSH
- Ayurveda Nutrition and Health with a focus on Pathya & Apathya
- Restructuring AYUSH Education with a focus on Primary health care and Public Health
- Strategies for Intra AYUSH integration
- Integrative Medicine and AYUSH systems
- Bharatheeya Vaidya Sastras vis-à-vis other medical traditions in the World
- Public Health, Nutrition & epidemiology through AYUSH Vision & Strategy
- Educational Reforms in Ayurveda/Siddha/Unani/Yoga & Naturopathy/ Sowa Rigpa
- Clinical / literary research, manuscriptology in AYUSH systems
- Preparing for Future Challenges in Health Care by the experience of COVID 19

For communication

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**Host State** 





## INTERNATIONAL CONFERENCE

### NATIONAL AROGYA FAIR 2021

8 - 12 December 2021, National College Ground, Bengaluru, Karnataka

### **Rules and Regulations**

- Essay competition is strictly only for AYUSH students, interns, practitioners, researchers
- The Essay soft copy should be sent to vidyarthijignasa@gmail.com along with: Name, College, Year, State, Contact No., Mail id
- The soft copy of the Essay should contain only the Title and the content. Personal details should not be enclosed in the Essay soft copy file
- The Essay soft copy which is unable to fulfill the mentioned requirements will be disqualified by the Jignasa Scientific Committee
- Essay once submitted won't be allowed for any correction or rewriting
- One person can write only about any one topic

The soft copy should be drafted with the following requirements

• Format : .docx

Content: 14

• Font : Times New Roman • Line spacing : 1.5

• Title Font Size: 16 • Language: English

### **Word limit**

- 750 words (UG students & Interns)
- 1500 words (PG Students & Practitioner)

LAST DATE FOR SUBMISSION 28 November 2021

NOTE: All participants should get registered to **Jignasa International Conference 2021** 



### **ESSAY** CONTEST

1<sup>ST</sup> PRIZE ₹5000

2ND PRIZE ₹2500

3<sup>RD</sup> PRIZE ₹1500

#### **Theme for UG students & Interns**

- Ayurveda for Poshana (Nutrition)
- Vision 2030 for AYUSH in Primary Health care/Universal Health Coverage
- Potential of AYUSH as mainstream Public healthcare system of India
- Restructuring AYUSH education system perspective
- Ayurveda & Yoga for lifestyle modification to prevent NCD's
- Admission to AYUSH college opportunity or challenge?

### **Theme for PG Students & Practitioner**

- Mental Health and AYUSH
- Vission for global health care through
- Technological revolution and AYUSH
- Ayurveda Practice: Challenges & **Opportunities**

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