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# INTERNATIONAL CONFERENCE 2021

**"Public Health and Primary Health Care through AYUSH Systems"**

**09 to 11 December 2021**

## National Arogya Fair

**08 to 12 December 2021 | National College Ground, Bengaluru, Bharata.**

**"Reinforcing Primary Health Care and Universal Health Coverage  
through AYUSH Education and Practice"**

Organized by: JIGNASA &  
TARUNYA SHIKSHANA SEVA TRUST  
Bengaluru, Karnataka

त्यागः प्रज्ञापराधानामिन्द्रियोपशमः स्मृतिः ।  
देशकालात्मविज्ञानं सद्वृत्तस्यानुवर्तनम् ॥



Namaste.

JIGNASA is a pan India platform of AYUSH fraternity led by the student community of Bharata. The motto is, “**Learn Ayush to Practice Ayush**”. Since its inception in 1998, JIGNASA with its innovative programmes on education reforms and academic initiatives particularly that of Ayurveda, has become every AYUSH students’ inspiration to realize the dream of reinforcing AYUSH once again as the mainstream health care system in the country. The pioneering movement that began in Karnataka has now captured the attention of policy makers and has become a major stakeholder of AYUSH both nationally and internationally. In 2018, JIGNASA international conference at Bengaluru was a prodigious success with representatives from many parts over the world, especially from Southeast Asian countries unanimously acknowledging Bharata as the leader for Traditional Systems of Medicine and Ayurveda as the oldest and primary source of medical systems in the world.

Realizing the potential of Ayurveda and other Traditional Systems of Medicine as the savior of mankind’s and environmental health in the background of ever increasing non-communicable diseases and climate change issues globally, JIGNASA is now determined to revitalize Ayurveda, Yoga & Naturopathy, Unani, Siddha, Sowa Rigpa and Homoeopathy (AYUSH) systems of medicine to take the lead and take the centre stage with a special focus to make AYUSH systems as mainstream in Public health and Primary health care to fulfill the Universal health coverage (UHC) goal set by the World Health organization 2014-23 T&CM strategy.

JIGNASA 2021 is hosted by Tarunya Shikshana Seva Trust (TSST), a Karnataka based Non-Governmental Organization and is happy to announce the conduct of JIGNASA 2021 - **International Conference on “Public Health and Primary Health Care through AYUSH Systems”** on 09 to 11 December 2021 and **“National Arogya Fair 2021”** from 08 to 12 December 2021 at National College Ground in the Educational and Technological hub of India, Bengaluru. More than 4000 delegates across the world, mainly students along with other stakeholders like AYUSH industry, academicians, institutions, teachers, policy makers, researchers, traditional practitioners, doctors, medicinal plant boards and AYUSH well-wishers are expected to participate in JIGNASA 2021. The conference will have plenary and parallel sessions on AYUSH topics, workshops, exhibition and

fair of AYUSH stakeholders, public lectures on AYUSH, free AYUSH clinics, meetings of all AYUSH stakeholders and many other associated events as part of JIGNASA 2021.

JIGNASA 2021 is our humble effort to enlighten and encourage the students of AYUSH to look into our great heritage of Bharateeya Sastras and make younger generations of Ayurveda competent to face today’s health challenges and offer suitable solutions, as Acharya Charaka explained in Charaka Samhita;

शास्त्रं ज्योतिः प्रकाशार्थं दर्शनं बुद्धिः आत्मनः ।

ताभ्यां भिषक्सु युक्ताभ्यां चिकित्सानन अपराध्यति । ।

We intend to take this initiative forward in a big way with the participation of AYUSH fraternity and well wishers of AYUSH from all over Bharata and abroad by conducting JIGNASA 2021.

We make a fervent appeal to contribute your valuable time and energy to make this mammoth National Arogya Fair and International Conference a grand success which will herald a new dimension and AYUSH presence in the field of Public health and Primary healthcare at the grassroots and at global level.

Come, quench the nectar of wisdom and get enlightened!

**DR. ALLAMA PRABHU**

Chairman  
JIGNASA 2021

**VINEETH MOHAN**

Organising Secretary  
JIGNASA 2021





# ABOUT JIGNASA

Ayurveda was the backbone of health services in ancient Bharata and has contributed heavily not only to the development of most of the traditional systems of medical/healthcare systems in the world but also modern medicine. Currently, in spite of immense sophistication and technological revolution in the field of modern medicine, there has been an unprecedented rise in people seeking Ayurveda therapies in India and across the world. One of the reasons for this is inadequate success of the conventional medicine in containing many diseases particularly lifestyle diseases. Ayurvedic approaches to health care have stood the test of time and can offer better quality of life to patients independently as well as an adjuvant to conventional therapies. Hence, there is a pressing need to incorporate theories of holistic approaches like Ayurveda to address the sufferings of mankind and Nature as a whole.

According to WHO report, more than 70% of Indian population and a great percentage of world's population seek one or other form of traditional medicine for primary health care. Despite a great demand from the society, the professional man power of AYUSH seems to have fallen short of delivering health solutions through AYUSH. In addition, institutionalized education and training notwithstanding, the students of AYUSH face an embarrassing situation of professional inadequacy. More than sixty years have been spent on developing the education system of Ayurveda. There is no doubt that the number of colleges imparting the education of Ayurveda have increased. BAMS, MD and Ph D in Ayurveda have been started. Nevertheless, what is concerning is that the majority of qualified Ayurvedic practitioners have fallen short of medical service delivery through Ayurveda. Thus, the question regarding the ability to produce the team of Doctors who can confidently practice Ayurveda in the society arises. For answers, we need to think about the current education system of Ayurveda. It is time for introspection.

Recognizing the above situation some intellectuals and social activists embarked upon "JIGNASA" a pan-India platform for Ayush students and professionals giving a call "Learn Ayush to Practice Ayush". The genesis of the idea of JIGNASA dates back to 1998 when small groups of Ayurveda professionals got together to share the idea of learning Ayurveda in Bangalore with an aim to practice Ayurveda. A larger group of students assembled at Shree Dharmasthala Manjunatheshwara

Ayurveda Medical College, Udupi, Karnataka in 1999 with the same motto. In the year 2003 a huge congregation of Ayurveda students and professionals met under the formal aegis of JIGNASA at Bangalore. Various such initiatives like one day Tadvidya Sambhasha, Dravyaguna visits and interactions with traditional healers in rural areas were conducted by JIGNASA teams in Maharashtra and Gujarat. In Kerala, JIGNASA was held in Poonthottam Ayurveda Asram, Cherpulassery in Palakkad, Kerala in 2011. JIGNASA is a movement of Ayurveda students and professionals to rejuvenate the potential of Ayurveda- the Bharatheeya system of medicine. It is the only pan India platform for students to identify accomplished "Gurus" and for the Gurus to find bright students of Ayurveda. Hundreds of students have benefited from this platform to further their knowledge and practice of Ayurveda.





# ABOUT JIGNASA 2021

The potential role of AYUSH and other Traditional systems of medicine in fulfilling Universal health coverage (UHC) in Primary Health Care (PHC) has been accepted by the global community unequivocally. The World Health Organization (WHO) has acknowledged the need to integrate Traditional and Complimentary Medicine (T&CM) with Modern Biomedicine to achieve UHC. The National Health Policy 2017 of Government of India has proposed "Integration of AYUSH systems at the level of knowledge systems by validating processes of health care promotion and cure. The policy recognizes the need for integrated courses for Indian System of Medicine, Modern Science and Ayurgenomics. It puts focus on sensitizing practitioners of each system to the strengths of the others". The WHO in the 67th World Health Assembly at Geneva during May 2014 had announced implementation of WHO Traditional Medicine Strategy 2014 – 2023 (WTMS 2014-23). The strategy revolves around promoting the safe and effective use of Traditional and Complimentary Medicine (T&CM) by regulating, researching and integrating TM products, practitioners and practice into health systems.

India being a leader in Traditional Systems of Medicine occupying a massive space in the health sector, has accomplished creating appropriate policies and regulation of AYUSH systems. Government of India created a separate Ministry for AYUSH in Nov 2014 and administers education research and pharmaceuticals in AYUSH systems. Nevertheless, AYUSH education and practice is at crossroads. On one side, there is immense demand and great hope at the national and global level for effective remedies from AYUSH systems, particularly for chronic and genetic diseases and on the other side, the conviction and confidence in AYUSH among AYUSH graduates is declining due to multiple factors including AYUSH educational curriculum in the country. Similarly, there is a renewed interest for research in AYUSH but, the authentic research and research publications from AYUSH field are considerably low. The growth of AYUSH colleges and admission to the colleges, particularly Ayurveda in India are upswing every year. Large number of AYUSH professionals are passing out every year. In contrast, the AYUSH graduates/post graduates are not the sought-after medical personnel in the government or private sector. To be the flag bearers of AYUSH, an AYUSH professional need to be an authority in their health system and be conversant with the basic tenets of the Sastra. The graduate is also expected to have an understanding of the recent advances in modern science & technology, to become adequately skilled to cater to the needs of the society and the country at large. The challenges faced by the AYUSH graduates are many nowadays especially with the explosion of information and communication technology that demands strong

evidence base to prove the merits. Further, there is an urgent need to incorporate benefits of AYUSH in Public health and Primary Health Care and also in the areas of tertiary health issues, where AYUSH system particularly Ayurveda has an advantage over other systems of medicine. It is in this context, TarunyaShikshanaSeva Trust (TSST) decided to organize **"NATIONAL AROGYA FAIR 2021 & International Conference on "Public Health and Primary Health Care through AYUSH Systems"** that will be conducted from 08th to 12th December, 2021", with the focal theme; **"Reinforcing Primary Health Care and Universal Health Coverage through AYUSH Education and Practice"** to introspect, review and revamp AYUSH systems to cater to the Public health and Primary healthcare paradigm in the country and abroad and also to explore and experience the philosophy and concepts related to Public health.

The philosophy, concepts and practical utility of AYUSH (Ayurveda, Yoga & Naturopathy, Unani, Siddha, Sowa Rigpa and Homoeopathy) in Bharata stand unchallenged even in the days of great advancement in medical sciences and technology. It reiterates its strength though only a part has been explored adequately so far. Although most of these concepts, principles and even the practices find mention in the literature from Vedic times and a mammoth literature on AYUSH systems particularly Ayurveda, only a small part has been incorporated in the existing conventional Public Health and Primary Healthcare activities.

Health is a fundamental right for every citizen as per the constitution and Public Health is used as an indicator for the development of a Nation. As Ayurveda believes in

**स्वस्थस्यस्वास्थ्यरक्षणं । व्याधितानांव्याधिपरिमोक्षः॥**

which means; "Preventing health of a healthy person & treating the diseased one". Even modern concept of Public Health is defined as "the art and science of preventing disease, prolonging life and promoting health through the organized efforts of society" (Acheson, 1988; WHO). The definition suits particularly Ayurvedic concept of 'Swasthavrittha' (Health cycle), which is underutilized not only in Bharatha, but the entire world. The purpose of addressing Public Health and Primary Healthcare as the conference theme in JIGNASA 2021 is to strengthen AYUSH in Public Health and Primary healthcare so that socially and ecologically sustainable health care system with a vision, attitude and orientation for achieving the holistic health and wellness reaches at the grassroot level to the rural areas that will and should benefit not only to the people of Bharatha but the entire world.



# ABOUT JIGNASA 2021

Some of the major challenges faced by a country today are economic crisis, increase in the ageing population segment, emergence of chronic diseases, re-emergence of infectious diseases, environmental and climate related changes, lack of access to quality, safe and affordable health care particularly in rural areas. In Bharatha, AYUSH systems have been in existence since centuries and well accepted as a part of mainstream health provider. The preventive, corrective, curative and promotive aspects of Ayurveda have been in vogue since time immemorial. AYUSH public health and primary healthcare base need to be expanded and strengthened so that it reaches to every person in this country and also caters to the millions of health seekers around the world. The Ministry of Health and Family Welfare, Govt. of India has framed, National Health Policy-2017 which encompasses various aspects related to the AYUSH system of Medicine. The ultimate goal of which is "the attainment of highest possible level of health and well being for all at all ages, through a preventive and promotive health care orientation in all developmental policies, and universal access to good quality health care services without anyone having to face financial hardships as a consequence." Ayurveda is usually preferred along with the contemporary medicine in Bharata owing to its efficacy in providing relief to chronic conditions, ability to provide quality care for geriatric age group patients, its potential in preventive aspects, providing cure with minimal or no adverse effects with minimal cost, non-invasive therapeutic approach and holistic view on the individual as a whole. With the emergence of newer technologies, many chronic diseases such as cardiovascular disorders, diabetes mellitus, degenerative disorders, etc., have emerged as major issues which need to be addressed and prevention and management of such diseases are the strongholds of Ayurveda. Like Ayurveda, Yoga is a complete system that unifies the body, mind and the soul and connects with Nature. The practical application of Yoga theory and practice is still underutilized in Bharata and should be widely popularized that can address the Public health and Primary healthcare issues. Siddha, Unani, Homeopathy and Naturopathy also have immense potential to address the Public health and Primary healthcare problems. It is in this context, based on the requests from the student and research community across Bharata and other parts of the world, organizers of JIGNASA 2021 decided to conduct an International Conference that will address and propagate the philosophy, concepts and practical utility of AYUSH systems in the realm of Public health, primary healthcare and tertiary health care not only in Bharata but the entire world. In this connection, numerous brainstorming sessions, debates and discussions on Public Health and Primary Healthcare have been conducted in many parts of Bharata involving

particularly the student community. The enthusiasm and the encouragement lead to the need for conducting such a conference. The International Conference on "Public Health and Primary Health Care through AYUSH Systems" will be conducted from 09 to 11 December, 2021. The Focal theme of the Conference is "Reinforcing Primary Health Care and Universal Health Coverage through AYUSH Education and Practise".

The conference will focus on providing a platform for medical students, budding vaidyas and health practitioners from all over Bharata and other parts of the world to meet and interact with some of the best masters in the field. The programme is expected to be attended by more than 5000 students and researchers and other health providers from all over the world. The programme will be attended, observed, encouraged and guided by experts in the respective fields, International Agencies/Institutes/Individuals, National/State Government Departments, Universities, Colleges, Private Institutions, academicians, entrepreneurs, R&D institutions and various Government and private agencies and NGOs. The seminar technical papers/posters and exhibition stalls in the event will be evaluated by experts in the field and the best will be rewarded.

This three-day conference will bring together some of the best Acharyas, Academicians, Researchers, Scientists, Entrepreneurs, Industrialists, Health workers, etc., from all over Bharata and abroad. It will be a great opportunity for the students to meet and interact with some of the best in the field Primary Health care and Public Health.





## Reinforcing Primary Health Care and Universal Health Coverage through AYUSH Education and Practice

Bharata is re-emerging as a powerful nation in the world with a repository of unparalleled wisdom that shaped the ethos and value systems of this land based purely on Dharma. It has stood the test of time, withstanding all foreign invasions that repeatedly tried in various ways to disfigure and eradicate the eternal principles from the mindset of people of this land, Bharata. They did succeed in many ways by introducing educational, legal, administrative, political, religious and many other systems to suit their interests and benefits which diluted the culture and tradition of this land to a great extent, though our value systems substantially contributed to many cultures of the world over the millennia. Now, the time has come for the young Indians to re-search, revive and reintroduce their original culture and tradition and shed the colonial past. Yes, the time has come to look into the strengths of their own health traditions and hitherto unknown, neglected, misunderstood and overlooked aspects of health traditions particularly Ayurveda, Siddha, Unani, Sowa Rigpa and Yoga which will not only reshape and reconstruct the Public Health paradigms of Bharata, but also re-design and restructure the entire Universal Health Coverage paradigms, physically, socially, mentally and spiritually with the high philosophy and immortal concepts of BharatheeyaSastras particularly Ayurveda and Yoga.

In this vast ocean of health traditions of Bharata; Ayurveda, Yoga, Unani and Siddha as Sastras play crucial role in the present volatile health scenario of the world mainly in the Public health and Primary health care sector. Hence, it is high time that we looked into our own traditional roots to unearth the true nature and immense potential of our health traditions and communicate the same effectively to the student and research community in particular and to the entire world. The health seekers and providers of the world are in search of ideal, authentic, safe, effective and affordable health solutions particularly in the area of Public Health and equitable and affordable medical healthcare. It is in this context, AYUSH as established health systems with very strong philosophical and conceptual basis, rooted with sound principles can play a pivotal role in the world health scenario. The time has come for AYUSH to advance and take the lead in health care when western medicine is also facing serious problems with re-emerging infectious diseases in particular, with antibiotic resistant bacteria eroding the strongholds of western medical system. The problems faced by western medicine are many, including the inability to cure non-communicable diseases, lifestyle diseases,

genetic diseases and the disinterest of Western pharmaceutical companies in investing into new drug developments probably due to exorbitant costs, time consumed and also because of global financial crisis to name a few. The time has come for the truly learned AYUSH community to seriously look into the functioning of the AYUSH system as a whole today, analyze and evaluate the system for its merits and demerits, strengths and weakness and do a thorough research and analysis of the entire AYUSH system in practice today. The AYUSH community must build concrete steps to restructure AYUSH paradigms helping to address numerous health problems faced by mankind in particular all over the world for which western medicine has no answer.

Once again, AYUSH must take the lead and make strong and real advancements in the field of health care and practice to make inroads into sustainable, environment friendly, biodiversity based Public health and Primary and Tertiary health care instead of sub-standard, unethical study and practice that is widely practiced in the country and abroad in the name of AYUSH today. It is high time our AYUSH writers, teachers and speakers stop mutilating AYUSH for satisfying the so called modern scientific community and the West by writing AYUSH books, teaching and preaching 'scientifically' and thereby destroying the real meaning and essence of AYUSH systems. एकंशास्त्रंअधियानोनविद्याशास्त्रविनिश्चयः ।

तस्मात्बहुश्रुतशास्त्रविजानीयात्किंत्सकः ।। (आचार्यसुश्रुत)

This is particularly significant from an international perspective, as East and West come closer together. The West today is in various ways attempting to recoup and resurrect our traditional knowledge, such as Ayurveda and Yoga. Western medicine is caught in a blind due to the dominance of the pharmaceutical companies and the persistence of chronic non-communicable diseases. In Bharata, the divorce with the spiritual and philosophical roots of AYUSH, particularly Ayurveda and Yoga has made space for a new westernized, commoditized Ayurveda and Yoga that ignores its own deep foundations. Before Ayurveda and Yoga gets recast as a new 'Science' that is globally intelligible, there must be a search that goes back to the roots of particularly Ayurveda and Yoga. Thus, in both contexts, the recouping of essential traditional foundations of Ayurveda and Yoga, in all realms of its practice and thought process, is the need of the hour to look into the hitherto unknown, underutilized and quintessence of our great health traditions that can address not only Public health but entire medical issues of the world.



## CONFERENCE TOPICS

- 1.स्वास्थ्य - Health and Wellness through AYUSH Systems.
- 2.जीवनशैली - Non-Communicable diseases through AYUSH systems.
- 3.मानस - Mental health through AYUSH
- 4.समग्रआरोग्य - Concept of Health, Environment and AYUSH
- 5.अन्वेषण - Advanced Research and development in AYUSH

## SUB THEMES

- Concepts and practice of Public health in each AYUSH system
- Emergency Management in AYUSH systems
- Concepts and practice of Primary health care in each AYUSH system
- Non communicable diseases and AYUSH systems
- Communicable diseases and AYUSH systems
- Nutrition in AYUSH systems
- Integrated health service delivery and AYUSH (Health systems, human workforce for health, etc.)
- Health and Environment and AYUSH (One Health, Biodiversity health, Planetary Health)
- Wellness and AYUSH (Svasthya, Achararasayana, Sadvritta, etc.)
- AYUSH and Public health policy
- AYUSH and Self care
- Epistemological foundation of Bharatheeyavaidya and yoga sastras
- Contribution of BharatheeyaVaidyasastras to other health traditions of the world
- Role of Bharatheeyavaidya and yoga sastras in Public health
- Conventional AYUSH education – perspectives, problems and remedies
- Advanced Research & Development in AYUSH systems
- Application of Information and Communications Technology in AYUSH systems
- Importance of Samskrta in learning Ayurveda and Yoga
- Restructuring policies and programmes for AYUSH systems – Perspectives



## VIDYARTHI JIGNASA- PANEL DISCUSSION

- AYUSH Education Problems, Perspectives and the Way forward

## MAIN SPEAKERS

- Padma Shri Dr. H.R. Nagendra
- Padma Shri Prof. (Dr.) P. Pushpangadan
- Padma Shri Vd. Rajesh Kotecha
- Padma Shri Dr. B.N. Gangadhar
- Dr. Sachin Chaturvedi
- Dr. P. M. Varier
- Dr. Sulochana Bhat
- Dr. L. Mahadevan
- Dr. Anil Khurana
- Dr. B.T. Rudresh
- Dr. Bhushan Patwardhan
- Dr. T. S. Krishna kumar
- Dr. P. M. Unnikrishnan
- Dr. Ramkumar Kutty
- Dr. Ram Manohar





# NATIONAL AROGYA FAIR 2021

08 to 12 December 2021

Highlighting and Main streaming Traditional Systems of Medicine in Bharata particularly AYUSH in the management of Public healthcare is the need of the hour with escalating communicable and non-communicable diseases all over the world. Keeping this in view, we are organizing this unique Public Health Exhibition on the side lines of National Arogya Fair 2021 as part of this thought provoking and knowledge/wisdom disseminating 'JIGNASA 2021'. This will showcase the diversity and significance of Traditional Systems of Medicine and healing practices in the entire Bharatavarsha and its role in Public healthcare, awareness and management. The participation in the National Arogya Fair 2021 include International Institutions/Communities/Individuals, Government departments, both Central and State, AYUSH colleges and clinics, traditional and tribal healers and clinics, NGOs, medical book stalls, health food stalls, medicinal plant nurseries and gardens and health related industries of national and international repute. Series of eminent talks, teaching methods like Gurukulam, health and healing disseminating models, live healing practices & techniques will be the highlights of the Arogya Fair 2021. We expect to have more than 400 stalls to be visited by more than 40000 people every day.



# HIGHLIGHTS

## HOME PAVILION - AYUSH SYSTEMS

This will showcase the AYUSH systems for the students and general public at large to make them understand the richness and contemporary significance of traditional systems of medicine.

## AYUSH CLINICS

This will show the strength of AYUSH systems in the management of health and disease conditions. The main attraction will be the live AYUSH clinics under one umbrella for the general public. The focus will be on Public health management.

## GURUKULAM/TEACHING MODELS

This will showcase different Models of Education particularly Residential in Bharatavarsha.

## TRADITIONAL AND TRIBAL HEALERS

This will highlight the unique/specialty clinics and involving healers from across Bharata.

## INTERNATIONAL HEALING TECHNIQUES/PRACTICES

Exhibition of health and healing techniques and practices from different parts of the world particularly Southeast Asia, Middle East and Far East.

## MEDICINAL AND AROMATIC PLANT GARDENS

Experience the live collection of tropical medicinal and aromatic plants of Western Ghats.

## HEALTH FOOD STALLS

Relinquish the exquisite cuisines and health drinks from the organic and naturopathy streams to redefine your healthy eating and drinking habits; the authentic way.

## AYUSH PRODUCTS AND SERVICES

This will showcase genuine and authentic AYUSH products and services from all over Bharata.





# AYUSH PROGRAMMES AND MEETS



On the sidelines of the Exhibition and Expo, we will have exclusive programmes and meets to showcase and strengthen AYUSH systems in the country and abroad. Some of them are:

## INTERNATIONAL AYURVEDA & YOGA MEET

Current International scenario and prospects of AYUSH in relation to Public Health and Primary Healthcare will be discussed.

## STUDENTS MEET

Live discussion and debate on the current AYUSH education in Bharatha and abroad - Students' Perspectives.

## ENVIRONMENTALISTS MEET

Nature, Ecology and Environment is an integral and important aspects of AYUSH systems. Live discussions.

## INDUSTRY & INSTITUTIONAL MEET

Prospects, Problems, Perspectives and solutions of Institution and Industries will be discussed.

## DOCUMENTARY FILMS/LIVE THEATRE

Film shows pertaining to AYUSH systems and live theatre on Public health awareness will be some of the major attractions of the National Arogya Fair 2021

## YOGA AND KALARI (KERALA MARTIAL ART) DEMONSTRATION

Every day, there will be Yoga and Kalari demonstrations on the sidelines of the Arogya Fair.

## CULTURAL EVENTS

Everyday evening, there will be grand cultural events of international repute.

## MEDIA MEET

Exclusive meets with the media persons particularly on Public health awareness and management utilizing AYUSH systems.

## POLITICIANS MEET

Interactions and discussions with selected politicians on policy matters related to Traditional systems of medicine and Public health management.

## BUREAUCRATS MEET

Interactions and discussions with selected bureaucrats of repute from Bharata and abroad.

## LIVE ART GALLERY

Demonstration of paintings, manuscripts, pictures, sketches, artefacts, etc., showcasing the diversity and richness of health traditions in Bharatavarsha and experience artistic creativity by masters from across the World.



# CALL FOR RESEARCH PAPER / POSTER PRESENTATION

We are inviting Research papers from Students/ PG scholars/ Vaidyas/ Doctors/ Practitioners for paper/ poster presentation. Abstract papers has to be sent to vidyarthijignasa@gmail.com For more details regarding abstract submission, specifications, topics for presentations, etc. please Log on to [www.jignasa.in](http://www.jignasa.in) and also check the 'call for paper and poster presentation' brochure. Among all the selected entries the Best three papers will be awarded.

## LAST DATE OF ABSTRACT SUBMISSION: 28 November 2021

### BEST PAPER PRESENTATION BEST POSTER PRESENTATION

First Prize: ` 15000/-

First Prize: ` 10000/-

Second Prize: ` 7500/-

Second Prize: ` 5000/-

Third Prize: ` 5000/-

Third Prize: ` 2500/-

Last date of registration: 28 November 2021

Spot registration: Rs. 2500/-

For Registration Contact: Dr. Sachin Singh Basera +91 81518 47984

Dr. Rohit K R +91 94005 70851

Mr. Rajesh +91 85005 49859

Mr. Nithish Reddy +91 83320 25769

Accommodation: Considering the limitations in arrangements due to Covid 19 all delegates are requested to arrange their Accommodation by themselves. Assistance will be provided by Team Jignasa to find out good accommodation on voluntary basis.

### OTHER COMPETITIONS

- Essay Competition
- Photography Competition
- Short Film Competition

### Mode of Payment

Online through [www.jignasa.in](http://www.jignasa.in) website and  
Tarunya Shikshana Seva Trust  
Thane Janata Sahakari Bank Ltd  
Account Number: 115110100000079  
IFSC: TJSB0000115

For Registration: Log on to [www.jignasa.in](http://www.jignasa.in) / Download the Official App from Google Playstore or iOS Appstore – **Jignasa**.

CATEGORY	DELEGATE FEE
General delegate	₹ 1500/-
UG student / Intern	₹ 1000/-
PG Scholar / C-RAV Student	₹ 1500/-
Ph.D / Research Scholar	₹ 2000/-
Vaidya / Lecturer	₹ 2000/-
Foreign National	\$ 100

### CONTACT DETAILS

Dr. Anirudh C R	+91 8790024733 ( Karnataka )
Mr. Shivakumar B H	+91 9620882707 ( Karnataka )
Dr. Rutuja Jadhav	+91 7875600704 ( Gujarat )
Mr. Rohan Mukke	+91 9130551009 ( Maharashtra )
Dr. Vinay Sahu	+91 7587175706 ( Madhya Pradesh )
Dr. Rohit K R	+91 9400570851 ( Kerala )
Dr. Manish Grover	+91 9996921909 ( Haryana )
Dr. Vairamuthu	+91 9786482809 ( Tamil Nadu )
Dr. Varun Bharadwaj	+91 7001402990 ( West Bengal & North East )
Mr. Rajesh	+91 85005 49859 ( Andhra Pradesh & Telangana )
Mr. Alok Yadav	+91 9165782095 ( Chhattisgarh )
Mr. Akshay Shet	+91 7083643727 ( Goa )
Mr. Bulu Meher	+91 8456014787 ( Odisha )
Dr. Sachin Singh Basera	+91 8151847984 ( Rest of India )



## CHIEF PATRONS

1. Shri Thawar Chand Gehlot, Hon'ble Governor of Karnataka
2. Shri Sarbanand Sonowal, Hon'ble Minister of Ayush, Govt of India
3. Shri Mahendra Munjapara, Hon'ble Minister of State for Ayush, Govt of India
4. Shri Dharmendra Pradhan, Hon'ble Education Minister, Govt of India.
5. Shri Basavaraj Bommai, Hon'ble Chief Minister of Karnataka.
6. Shri B S Yediyurappa, Former Chief Minister of Karnataka
7. Dr Sudhakar, Hon'ble Minister of Health and Family Welfare, Govt of Karnataka
8. Shri D V Sadananda Gowda, MP Bengaluru North
9. Shri Tejasvi Surya, MP Bengaluru South.

## PATRONS

1. Poojya Jagatguru Sri Shivratri Deshikendra Mahaswamiji, Suttur Mutt, Mysore
2. Poojya Sri Sri Nirmalanandanatha Swamiji, Adichunchunagiri Mahasamsthaana Mutt, Bellur, Karnataka
3. Poojya Mata Amritanandamayi Devi
4. Poojya Sri Sri Ravishankar
5. Poojya Swami Ramdev
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18. Dr. M K Ramesh, President Postgraduate Medical Education Board, Govt of India
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24. Dr. Sridhar Ani Shetty, Organizing Secretary, Vishwa Ayurveda Parishad, Telangana.



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- |                                                                                                       |                                                                                                                         |
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16. Shri D.P Ramesh, Head of Panchagavya Chikitsalayam Malleswara, Bengaluru
17. Dr. Srinivasa DH, Professor of Shalya, Ramakrishna Ayurveda Medical College Bengaluru
18. Dr C N Goudar, Principal SSAMC, Haveri.
19. Dr. Naveen Venkatesaiah, Associate Professor, Sri Sri College of Ayurvedic Sciences, Bengaluru.
20. Dr P. K. Pratap, Associate Professor, Achyuth AMC, Bengaluru.
21. Dr Shivakumar, Associate Professor SSAMC, Haveri



अज्ञानतिमिरान्धस्य ज्ञानाञ्जनशलाकया  
चक्षुरुन्मीलितं येन तस्मै श्रीगुरवे नमः





# JIGNASA - 2021

## EXPO LAYOUT

### INDEX

- Department of Ayush\_ 1000 sqmt\_ 1 nos
- Ayush Stalls\_ 4m x 4m\_ 20 nos
- Platinum Stalls\_ 9m x 3m\_ 18 nos
- Gold Stalls\_ 6m x 3m\_ 7 nos
- General Stalls\_ 3m x 3m\_ 76nos
- Govt. Karnataka\_ 3m x 3m\_ 10 nos
- Registration \_ 3m x 3m\_ 2 nos
- Medicine Distribution\_ 3m x 3m\_ 3 nos
- Clinic\_ 3m x 3m\_ 10 nos
- Waiting Lounge\_ 3m x 6m\_ 1 nos





# Glimpses of Jignasa over the years...



2011



2012



2017



2012



2014



2015



2018





## Glimpses of Jignasa over the years...



2018



2019





## NAMMA BENGALURU

Bengaluru, The hub for the Indian hi-tech manufacturing sector, Bengaluru existed for hundreds of years before its modern incarnation was founded in 1537 by the construction of a fort and temple on the site of the present day conurbation.

The capital of Karnataka State and known as the '**Garden City**' for its plethora of parks, this city offers a laid-back ambience that has made it a popular destination for those interested in the history of Bengaluru.

### Places of attraction

- Bengaluru Palace ◀
- National Gallery of Modern Art ◀
- Lalbagh Botanical Garden ◀
- Cubbon Park ◀
- Vidhana Soudha ◀
- Sankey Tank ◀
- Iskcon Temple ◀
- Bannergatta National Park ◀
- Visvesvaraya Museum ◀
- Nandi Hills ◀
- Skandagiri Hills ◀



#### REACH TO JIGNASA VENUE

- Kempegowda Bus Terminal - 3.5 km
- Bangalore City Railway Station - 3.5 km
- Kempegowda International Airport - 39 km
- Krishna Rajendra Market - 1.5 km
- National College Metro Station - 0 km

Address for correspondence

## TARUNYA SHIKSHANA SEVA TRUST - YUVA PATHA

No. 4, 31st cross road, 11th Main road, 4th Block, Jayanagar, Bengaluru 560011  
+91 8790024733, +91 81518 47984