



Host State





INTERNATIONAL CONFERENCE &

NATIONAL AROGYA FAIR 2020

11 - 15 MARCH 2020, Central University Ground, Bengaluru, Karnataka

Rules and Regulations

- The contestant should be a student or post graduate scholar of any AYUSH college in India
- Only mobile camera is allowed.
 Editing will will not be permitted
- Maximum duration is 2 minutes
- Entries must be submitted via WhatsApp to 8848684136 before 5 March 2020. The video must be sent along with the college ID card
- Maximum of 2 persons are allowed in a video
- Any movie dialogue, song, etc., can be used
- Any Indian language can be used

Prizes will be based on:

- The points collected through likes and shares of your video posted on the official facebook page of JIGNASA (@jignasaAyush) till 5 March 2020, 12 AM.(1 like = 1 point; 1 share = 2 points). All likes must be by real people with active facebook account (no fake account) and who gets auto likes will be deleted at any time.
 Be genuine and avoid the risk of being suspended
- Judge's decision is final



DUBSMASH COMPETITION

1ST PRIZE **₹5000**

2ND PRIZE **₹3000**

3RD PRIZE **₹ 1000**

For communication

Mr.Arjun N V +91 8592956828 Mr.Rahul Aari +91 7892182127 Mr Rohith Murale +91 8296257725 For more details Log on to www.jignasa.in

Official 'Jignasa' App





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- The maximum duration of the short film should not exceed 15 minutes
- Multiple entries are allowed
- Only short film of students/ doctors of AYUSH systems can get enrolled in competition
- The entries can be fictional or non-fictional short film
- Short film based on a theme of AYUSH systems will only be considered
- Short film in language other than English/ Hindi should carry subtitles in English
- The director, script writer, cinematographer, editor and actors playing the key roles should produce identity proof of concerned college or hospital
- The soft copy of the short film should be submitted to the committee in separate CD before 1 March 2020
- Details of the short film Name, Time **Duration.** Institution name and Photocopies of the College ID cards of the key role persons should be mailed to vidyarthijignasa@gmail.com
- No restrictions regarding the software used for editing and dubbing
- Short film made in mobile camera can also get enrolled in competition

NOTE: A minimum one person from the team should get registered to Jignasa International Conference 2020.



SHORT FILM COMPETITION

1ST PRIZE ₹10000

2ND PRIZE **₹5000**

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3RD PRIZE **₹2500**

Jigñāsa

For communication

Mr. Athul Prithvi

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सत्यमेव जयते Ministry of AYUSH Govt of India **Host State**





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Rules and Regulations

- Each entrant must submit 4 prints (unmounted) (colour or black & white).

 Prints should be in the size of 12*18 inches
- Each entry should bear the name and address of the entrant, title and serial number as entered in the entry form
- There is no entry fee, but enclose a sufficiently stamped envelope with address for the return of entry by registered post
- The soft copy of the photos with the details and a Photocopy of College ID card should be mailed to *vidyarthijignasa@gmail.com*

JURY: Eminent persons including Nature and Wildlife photography

 All possible care for entries will be exercised, but no liability will be accepted for the loss or damage to entries. Prize winning prints shall be used by organizers for awareness purposes with due credit to the photographers. Jury decision will be final. Submission of entries automatically implies acceptance of conditions mentioned above

NOTE: All participants should get registered to Jignasa International Conference 2020

Dates to Remember

- Closing date 5 March 2020
- Exhibition 11 to 15 March 2020



PHOTOGRAPHY COMPETITION

1ST PRIZE **₹10000**

2ND PRIZE **₹7500**

3RD PRIZE **₹5000**

Theme:

- 1. Biodiversity and AYUSH systems
- 2. Public Health Awareness through AYUSH systems

Photographs depicting either the spectacular Biodiversity of Bharata or its importance in AYUSH systems or Public Health Awareness through AYUSH systems with a focus on tradition and cultural values will be prefered.

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For communication

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INTERNATIONAL CONFERENCE

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Rules and Regulations

• The abstract for the paper presentation should be in the below mentioned format

Title

Author

Co Author/Guide

- IMRD Pattern (Introduction, Methods, Result, **Conclusion**)
- Corresponding author name, designation, college name, email Id, mobile number should be mentioned clearly
- Word Limit 250 words Font – Times New Roman Font Size – 12 Spacing - 1.5
- Soft copy should be mailed to vidyarthijignasa@gmail.com
- Hard copy signed by authors along with the abstract acceptance letter should be brought on or before the presentation day

Note

- All the submitted abstracts will be pre - reviewed by Jignasa Scientific committee.
- The corresponding author will be notified of abstract acceptance through email.
- The selected abstract will be published in Souvenir/ Abstract Book

LAST DATE FOR SUBMISSION 25 February 2020



RESEARCH PAPERS/ POSTERS

Paper Presentation

1ST PRIZE

₹15000

2ND PRIZE

3RD PRIZE ₹5000 **₹7500**

Poster Presentation

1ST PRIZE

₹10000

2ND PRIZE

₹5000

3RD PRIZE

₹2500

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The much awaited JIGNASA 2020 – an academic retreat and grand show of AYUSH Medical systems will be unveiled at the Central University Ground in Bengaluru, Karnataka with all its grandeur. Heeding to the need of the hour and the knowledge aspirations of huge AYUSH student community across Bharata and the world, the "National Arogya Fair 2020" and International Conference on "Public Health and Primary Health care through AYUSH systems" organized by Tarunya Shikshana Seva Trust, will be held at Central University Ground, Bengaluru, Karnataka from 11 to 15 March 2020.

Themes

- Primary Health Care and AYUSH (Ayurveda/ Yoga & Naturopathy/ Siddha/ Unani/ Sowa Rigpa/ Homeopathy) - Potentials and strategies for Universal Health Coverage
- Public Health Management through AYUSH systems
- Road map of National policies for AYUSH with emphasis on Primary Health care and Public Health
- Management of NCDs through AYUSH systems
- AYUSH for Wellness and Health promotion
- Geriatrics and AYUSH systems
- The way forward in Pharmacology, Pharmacognosy and Pharmaceutical Research in Ayurveda/Yoga & Naturopathy/ Siddha/ Unani/ Sowa Rigpa/ Homeopathy
- Management of viral and vector borne diseases through AYUSH
- Effective Research Designs for AYUSH systems
- Beyond evidence based in AYUSH systems
- Mental Health and AYUSH systems
- Information & Communication Technology (ICT) and AYUSH systems
- Indegenious health traditions and AYUSH systems
- Evidence for Daivavyapasraya Chikitsa
- Pregnancy care Prenatal to Postnatal, Menstrual health Menarche to Menopause in Ayurveda/ Yoga & Naturopathy/ Siddha/ Unani/ Sowa Rigpa/ Homeopathy
- Strategies for preparation of modules for development of household medicinal herbal garden/ village garden/ urban garden
- Conservation, cultivation and sustainable utilization of medicinal plants
- Agricultural Research (including medicinal plant, animal husbandry, horticulture, agronomy, soil science, etc.)- Vision for AYUSH
- Ayurveda Nutrition and Health with a focus on Pathya & Apathya
- Restructuring AYUSH Education with a focus on Primary health care and Public Health
- Strategies for Intra AYUSH integration
- Integrative Medicine and AYUSH systems
- Bharatheeya Vaidya Sastras vis-à-vis other medical traditions in the World
- Public Health, Nutrition & epidemiology through AYUSH Vision & Strategy
- Educational Reforms in Ayurveda/Siddha/Unani/Yoga & Naturopathy/ Sowa Rigpa
- Clinical / literary research, manuscriptology in AYUSH systems

For communication

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CONFERENCE INTERNATIONAL

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Rules and Regulations

- Essay competition is strictly only for AYUSH students, interns, practitioners, researchers
- The Essay soft copy should be sent to vidyarthijignasa@gmail.com along with: Name, College, Year, State, Contact No., Mail id
- The soft copy of the Essay should contain only the Title and the content. Personal details should not be enclosed in the Essay soft copy file
- The Essay soft copy which is unable to fulfill the mentioned requirements will be disqualified by the Jignasa Scientific Committee
- Essay once submitted won't be allowed for any correction or rewriting
- One person can write only about any one topic

The soft copy should be drafted with the following requirements

- Format : .docx
- Content: 14
- Font : Times New Roman Line spacing : 1.5
- Title Font Size: 16 Language: English

Word limit

- 750 words (UG students & Interns)
- 1500 words (PG Students & Practitioner)

LAST DATE FOR SUBMISSION 25 February 2020

NOTE: All participants should get registered to **Jignasa International Conference 2020**



ESSAY CONTEST

1ST PRIZE ₹**5000**

2ND PRIZE ₹2500

3RD PRIZE ₹1500

Theme for UG students & Interns

- Vision 2020 for AYUSH in Primary Health care/Universal Health Coverage
- Potential of AYUSH as mainstream Public healthcare system of India
- Restructuring AYUSH education system perspective
- Ayurveda & Yoga for lifestyle modification to prevent NCD's
- Admission to AYUSH college opportunity or challenge?

Theme for PG Students & Practitioner

- Mental Health and AYUSH
- Vission for global health care through **AYUSH**
- Technological revolution and AYUSH
- Ayurveda Practice: Challenges & **Opportunities**

For communication

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